

FISHING TIPS FOR TROUT

Three species of trout call North Carolina's mountain waters home: the brook trout, the state's only native trout; the rainbow trout and the brown trout. Below are a few tips to help make your fishing trip successful.

Tip #1: Look for trout behind objects in the water, such as large rocks, which break the current.

Tip #2: "Match the Hatch." Throw lures that mimic the insects that are in and around the stream during the time you're fishing.

Tip #3: Float a dry fly around submerged and partially submerged structures; cast a wooly bugger upstream, let it sink and work it back toward you with slight twitches of the rod tip and small strips of the fly line.

Tip #4: Throw a line near overhanging bushes and trees.

Tip #5: Approach the stream with stealth, moving as fluidly and slowly as possible so that fish do not see you.

